



UNDERWRITING  
SERVICES OF AMERICA

*What do I ask a client with a history of...*

## **Hypertension**

A person with hypertension has a higher blood pressure than is normal for his/her age.

### Questions:

- How old is the client and when was he/she diagnosed with hypertension?
- Is the hypertension currently under control?
- What medications is the client currently taking?
- Has the client made any lifestyle changes since the diagnosis?
- Does the client have a history of heart disease, stroke or kidney problems? Does he/she have a history of diabetes or obesity?
- Has the client consistently followed up with his/her doctor?
- Has the client had any cardiac testing such as EKG's or echocardiograms? What were the results?
- Does the client have any other medical concerns?

**Once these questions are answered, please send an email or fax to me.  
I will respond within 24 hours.**

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